

COACHES:

This Is The Final Uniform Warning!!!!

- All uniforms must be **exactly the same!**
- All other rules pertaining to the uniform must be followed.
- **Any violation of the uniform rules will result in the disqualification the runner(s).**

Note: In the past, prior to COVID 19 protocol, I issued this warning to the runners at the ladder prior to the starter giving her instructions. **Since this meeting will NOT be taking place, you are receiving it in your packet.**

Thank you for your help and best of luck to your team(s).

Tim Stith, Regional referee

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